

# Kosair Children's Hospital Postop Guidelines: Tonsillectomy and Adenoidectomy in Children

- 1 ) All children under 2 years of age must be admitted post operatively.
- 2 ) Children under 3 are likely to require admission postoperatively. Patients with a clinical history suggestive of sleep apnea or PSG confirmed OSA diagnosis should expect admission and the family should be counseled accordingly by the surgeon and anesthesiologist.
- 3 ) Obese patients, patients with craniofacial anomalies, concurrent airway issues, bleeding disorders, cardiac, pulmonary or neuromuscular disease may need to be admitted postoperatively, regardless of age.
- 4) Surgery for patients 1-3 above needs to be at a facility that allows admission and appropriate level of care. That level of care may be above that of the standard surgical ward, i.e. a TCU or ICU environment may be required.
- 5) It remains the responsibility of the attending surgeon to admit and evaluate such patients prior to discharge.

## **Selected References:**

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Subramanyam R, et al: Anesthesia and opioids related malpractice claims following tonsillectomy in USA: LexisNexis claims database 1984-2012. *Pediatric Anesthesia* 2014 (24):, 412-420.

Roland, Peter S., et al. "Clinical Practice Guideline Polysomnography for Sleep-Disordered Breathing Prior to Tonsillectomy in Children." *Otolaryngology--Head and Neck Surgery* 145.1 suppl (2011): S1-S15.