

# **Guidelines for Outpatient Surgery**

## **Kosair Children's Medical Center Brownsboro**

KCMCB is designed to provide surgical and anesthesia services to outpatients. Only those patients who are ASA I or II are eligible except in limited situations.

American Society of Anesthesiologists Physical Status Classifications are:

ASA I: Normal healthy patient for an elective procedure. ASA I patient has no organic, physiologic, biochemical, or psychiatric disturbance.

ASA II: A patient with mild systemic disease.

Patients who require subspecialty Pediatric post operative care are not eligible for surgery at KCMCB. Patients with the following conditions are also not typically eligible:

- Term infants less than 2 months of age
- Former premature infants (less than 37 weeks at birth) who are less than 60 weeks of postconceptual age (Postconceptual age=number of weeks at birth + number of weeks since birth)
- Children less than 3 years of age for tonsillectomy
- Moderate to severe sleep apnea
- Insulin dependent diabetes mellitus
- Poorly controlled asthma
- Known or suspected difficult airway
- Significant risk of postoperative airway and respiratory problems
- Patients on oxygen, CPAP, bi PAP, ventilator
- Personal or family history of malignant hyperthermia (MH)
- Possible MH susceptibility including patients with muscular dystrophy, progressive weakness, patients scheduled for muscle biopsy
- Patients with dystrophic epidermolysis bullosa, Williams syndrome, Hunter syndrome, Hurler syndrome, sickle cell anemia, any progressive neurologic or muscular disease
- Cardiac patients with:
  - Congenital heart disease (repaired or unrepaired)
  - Prolonged QT syndrome
  - Arrhythmias, pacemaker or AICD
  - Cardiomyopathy
  - Pulmonary hypertension
  - Heart transplant

Patients who have a VSD, ASD, or PDA which is hemodynamically not significant or which has closed or been closed, are clinically healthy, not on cardiac medications and are cleared by cardiology, may be eligible for care at KCMCB.

The KCMCB Anesthesia Director or his/her designee may approve ASA III or other exceptions on a case-by-case basis after reviewing the patient's history. These include but are not limited to patients with the following conditions:

- Patients with morbid obesity (>95% for age) (See attached table for weight criteria)
- Patients with mild to moderate cystic fibrosis
- Patients over 21 years of age after anesthesia consult at KCH and approval